## WALK WITH A SCHOLAR- MOTIVATIONAL CAMP REPORT 2018-2019

## ALL SAINTS' COLLEGE, THIRUVANANTHAPURAM

The Walk with a Scholar Motivational camp, All Saints' College for second year students were held on the 5<sup>th</sup> and 6<sup>th</sup> of January 2019 at the college.

The programme started off with an inaugural session. Chief guest of honour for the day was Dr. T P D Rajan, Principal Scientist, Material Science and Technology Division, CSIR-National Institute for Interdisciplinary Science and Technology, Thiruvananthapuram, a dedicated scientist and a laureate of several awards inaugurated the function in the graceful presence of the respected college Principal Dr. Caroline Beena Mendez and the WWS Coordinator Dr. Siji V L.



The function formally began with a welcome speech by the Student Coordinator Miss. S Malavika followed by the presidential address from our Principal Dr. Caroline Beena Mendez. The chief guest Dr. T P D Rajan, Principal Scientist, Material Science and Technology

Division, CSIR-National Institute for Interdisciplinary Science and Technology, Thiruvananthapuram, addressed the students. The handwritten magazine prepared by the students with an Eco-sustainable theme "EARTHMATE" was released by the chief guest and the principal on this function.



Welcome Speech by Student Coordinator Miss S Malavika



Inaugural Address by Dr. T P D Rajan, Principal Scientist, CSIR-NIIST



Releasing of Hand Written Magazine "EARTHMATE"



Vote of thanks by Dr. Siji V L WWS Coordinator

After the inaugural session the next session was a Motivational talk by Dr. T P D Rajan, Principal Scientist, CSIR-NIIST, Thiruvananthapuram about sucesss in academic personal and also shared his experiences and turning points in academic career.

The next session was presided over by Dr. Sebastian Joseph, Head, Department of History, U C College, Aluva who spoke to the students about Technology, culture and the acquired changes in academic scenario. His topic for the day was "Culture of Higher Academics: Inheritance and Departures". He also pointed out the changing culture of academics and how different principles of educations are evaluated in higher academics also introduced students to an organized form of doing things that would bring in good results. The class was parted as two session and the students found the class very beneficial in our current scenario.





As a part of the community service, the students visited the Vettucaud church nearby and offered food packets to the needy. Also a cleaning drive was initiated by the students to make the premises clean. They spend some time talking to and comforting people who shared some of their hardships and thanked the students for their efforts.







The final session for the day was taken by the renowned author of 'Butterfingers' Khyrunnisa A, Former Professor, All Saints'College, Thiruvananthapuram, the popular literary

figure and a great teacher. Her topic for motivational camp was "Health and Living Healthy". She spokes to the students of the importance of health and how technology over intervines our lives and how certain old childhood memories are forgotten. Her talk was truly inspirational and very interactive. It was truly a cherishable memory for them to meet their favourite author and share some time with her. She encouraged the students to exercise and reemphasized the role of books in our lives.



The day concluded with cultural programme were the students planned and performed a few dances, songs and a short skit. Also they played various games. After dinner the students stayed back in the college.

The next day, January  $6^{th}$ , the session for the day was handled by Dr. Martin Payyappilly, Director, Academy of Success, Thiruvananthapuram, who is a well known Motivational Speaker, Counsellor and Psychologist. His topic for the day was "The Secrets of Success" and spoke to the students about the importance of hard work and provided them with tips and made the session very much interactive with a presentation.





The motivational talk was followed by lunch and the next was feedback session from the students where many of them came forward to present their reviews about the camp and how beneficial they found it to be.







As the feedback received from the students many of them remarked about how they go to know each other member well and work together as a team and how they could come out of their comfort zones.

Dr Martin Payyappilly, Director, Academy of Success & Counselling Psychologist Thiruvananthapuram presided over for the valedictory function of the Motivational camp 2018-2019. He spoke about his experiences as a student and what motivated him to reach his goal.





The programme concluded by 4:00 pm with a message from the WWS Coordinator Dr. Siji V L.

Overall the students found the Motivational Camp extremely beneficial to them and were able to create a bonding between them as well.



