

**Report of activities done by the NSS Volunteers of All Saints' College,
Thiruvananthapuram (01.06.2018 – 37.03.2019)**

Programme Officers

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The Institution has two NSS units with 100 students in each unit. The NSS units of the college do a series of Social Service activities in-campus and out-campus. The main beneficiaries of the activities are the community of Karikkakom Grama Panchayath, which is the adopted village of the college.

As per the directives given by the NSS Co-ordinator, University of Kerala and Suchitwa Mission, the NSS units functioning in All Saints' College decided to stick on to principles of Green Protocol in the activities to be organized in the current academic year. The programmes done till date are based on principles of Green Protocol.

As a part of giving awareness to students, the need for following Green Protocol, an essay writing competition was conducted on the topic **SOCIAL COMMITMENT OF YOUTH IN FOLLOWING GREEN PROTOCOL**. Around 20 students participated in the competition. First three positions were identified and were mentioned in the units.



After the flood which hit Kerala during August, 2019, a flood awareness class and an audit of student involvement in flood relief activities were conducted in the college on 11th September, 2018. Dr. Shaji A., NSS Program Coordinator, University of Kerala conducted the session.



PUNYA A P of DC2 Communicative English and ARCHANA A K of DC2 B com. Finance from All Saints' College participated in the three day residential camp (NSS Leadership camp) conducted by the University of Kerala on 14th, 15th and 16th of September



The NSS volunteers of the college took part in cleaning programmes.

Shramadhan at College

A sramadhan was conducted in the college campus. The Shramadhan in All Saints' College started at 9:30am. NSS volunteers participated in the program. The students reached campus well before 9.30 am and as per the directives of the Programme Officers and core leaders they cleaned the campus. After cleaning, tree saplings were also planted in the campus.



Shramadhan at University of Kerala

Shramadhan at University of Kerala started at 9:30 am.

12 students participated in the programme from All Saints' College. The Shramadhan programme was coordinated by Dr. Shaji. A., Programme Coordinator of University of Kerala. Students cleaned the University premises.



On 27th September 2018, a selection for fresh volunteers for NSS in the academic year 2018 was conducted at 1 pm in the Recreation Hall of All Saints' College. Around 175 students have given names for the selection process. The students were asked to pen down their interest or MOTO behind joining the NSS. All students who had given their names actively participated in the selection process.



Poster and collage making competition was held in the exam hall from 9:45 am to 12:30 pm on 1st October, 2018 as part of observance of Gandhi Jayanti. The topic was about **PATRIOTISM**. DC1 and DC2 students made the competition successful by their participation. Around 10 groups participated in the competition from several departments. The posters were exhibited in the recreation hall around 1 pm, and we had positive reviews from the people who visited the exhibition hall.



Students of All Saints' College gave 53 food packets to the nearby old-age home, **AKASHAPARAVAKAL** on 3rd October, 2018. Students handed over the food packets to the Sr.Saphalya of Akashaparavakal.



Water Analysis Survey

The students of All Saints' College conducted an awareness programme on the importance of clean water in the adopted village, Karikkakom. As part of the programme, the students did a survey using questionnaire. The aim of the survey was to give awareness on 'GREEN PROTOCOL'. The volunteers also collected water samples from wells of the adopted. The volunteers split in to several groups of three and covered houses of the village. The water samples were analysed for their drinking quality.

The volunteers also distributed tree saplings to the households visited and



Several cleaning drives were organized in the college, selecting different areas each time





The volunteers conducted survey in Karikkakom, the adopted village to find whether they are practicing Green Protocol after the initial campaign



Awareness on TB

The NSS units of the college organised a musical drama along with the RNTCP for making the volunteers aware of the TB, the causes as well as the effective remedies of the disease. The volunteers were greatly influenced by the musical drama



Republic day Celebration

The Republic Day 2019 was celebrated by hoisting National Flag by Principal and Speeches in English, Malayalam and Hindi and national integration songs



Empowering female students

To empower female students to act against physical as well as mental assault from society, Snehajwala of Swasthi Foundation conducted a self-defence training session in the college. Inauguration of a Training Programme series on Self Defense to women in the Recreation Hall jointly conducted by the NSS units of the college and Snehajwala of Swasthi Foundation was conducted on 29th January, 2019. The City Police Commissioner, Thiruvananthapuram was the chief guest of the programme. The first training session was also done on the day





The second session of the training was conducted on 13th February, 2019.





Kerala Legislative Assembly March

The volunteers became part of the Kerala Legislative Assembly March conducted in connection with the Diamond Jubilee Celebrations of Kerala Legislative assembly. 30 volunteers from All Saints' College participated. The march was on 25th February, 2019. From there, the volunteers from different institutions walked to Nishagandhi Auditorium.





House Building

The NSS unit of the college, along with Management and College Union 2017-18 has built a house for a student of the college. The key of the house was officially handed over to the beneficiary on 20th March 2019 during the College Day. The site was visited by the Principal, the Programme Officer (NSS), the management representatives and Union Members.





After first inspection, the foundation stone was laid and the work was started after signing contract with mason.



The work progressed and as per the contract instalments were given to the mason.



The key of the completed house was handed over to the beneficiary on 20th March, 2019 on the 55th College Day.



Annual Camp

The annual Camp of NSS during the academic year 2018-19 was conducted in the month of March, from 09.03.2019 to 15.03.2019. Eighty Six students attended and participated in the camp including volunteers of 2018-19 and volunteers of 2017-18 who failed to participate last year. The NSS Volunteer Secretary and ten core leaders of last year also attended the camp and provided their help for the successful organizing of the camp. A series of activities were conducted during the camp. A pictorial documentation is shown below.

Inauguration



Making Adukkalathottam in Karikkakom village



Skits on contemporary Environmental Issues



Training on paper pen and paper bag making by Sr. Victrina





Visit to Saigramam



Old-age Home at Saigramam



Training on yoga to improve concentration



Class on Gender and Gender issues by Dr. Anishia Jayadev (Assistant Professor, IMG)



Motivational Lecture by Sr. Sunitha





