

PUBLIC HEALTH AND HYGIENE



Department of Zoology



AIM OF THE COURSE

- *To make the student aware of the essentials of public health and sanitation thereby warding off diseases and uplifting the living standards of the community*



OBJECTIVES OF THE COURSE

- To learn the principles of nutrition and dietetics
- To understand the ill effects of modern lifestyle
- To study the advantages of being hygienic



Module I

6hrs

- Introduction: Scope and importance of the study

Module II

4hrs

- Adulteration of food

Module III

18hrs

- Health Hazards:

Module IV

6hrs

- **Health Education:**

Module V

1 2hrs

- ## □ Mental Health:

Module VI

8hrs

- Hygiene:



THANK YOU

