

REPORT OF THE EXTENSION ACTIVITIES

2019-2020

REPORT OF NSS ACTIVITIES (2019-2020)

22nd April – World Earth

STREET PLAY ON WORLD EARTH DAY

A street play was performed by NSS Volunteers at Manaveeyam Veedhi on the theme; climate change to commemorate World Earth Day as part of Project Sthithi.



External Beneficiaries

Asmund
2



The public was made aware of the issue.

23rd April 2019 - Parliamentary Elections 2019

46 NSS Volunteers came forward and volunteered in their respective constituencies to maintain green protocol during polling.



Volunteers gave awareness to voters on the importance of ecological conservation.

6th May 2019 - 25th May 2019 - Climotzav 2019

Climotzav 2019, an initiative of Project Sthithi was conducted as two separate sessions. The first camp was held at Women's College Vazhuthakad from 6th May 2019 to 9th May 2019 where 10 NSS Volunteers went for volunteering.



The second session was held at the Social Forestry Division, PTP Nagar where, 10 NSS Volunteers participated for 4 days from 22nd May to 29th May



External Beneficiaries

The volunteers organized a cleanliness drive at Karikakom Village and made the community aware about the issues they discussed in the session.

2nd June 2019 - Massive beach cleaning Program at Veli

5 volunteers took part in the massive beach cleaning Program held at the Madre De Deus Church, Vettukad.



Abmnd





Abmnd



External Beneficiaries

The people in the locality were benefitted and the cleaning drive spread awareness among 30 households who lived near the shore. They assured they will take care of the shoreline from being polluted due to the activities of the people who live there.

3rd June 2019 - Margin Tree Challenge

3 volunteers participated in the launch of margin tree challenge which aimed at challenging the Ministers of the Parliament to plant tree saplings equal to the margin of votes they received during the recent Parliamentary Elections.

External Beneficiaries

It was launched in Christ Nagar English Higher Secondary School, Kowadiar and Concordia Lutheran Higher Secondary School, Peroorkada. The students and the management of both schools took the initiative of nourishing the plants.



20th June 2019 – Project Udhyanamb

Project Sthithi in association with Peroor Residents association organised Project Udyhanam by which a dump site in Ambalamuk was cleaned and transformed into a garden. 7 volunteers participated in this project.



Abmnd



External Beneficiaries

The 15 people in the locality as well as 25 school children actively participated and they took an oath to carry on and get involved in such activities.

21st June 2019 – World Yoga Day 25 volunteers participated in the International Day of Yoga celebrations organised by National Service Scheme and Nehru Yuva Kendra.



Abmud





External beneficiaries

Our volunteers distributed pamphlets on the importance of yoga in 70 houses in Karikakom village.

6th July 2019 – Project Ganitham training second part

Second phase of training as part of Project Ganitham was held at All Saints' College by previously trained volunteers. 19 volunteers attended the training.



Abmnd



External beneficiaries

Volunteers taught basic mathematics to high school students of Government Boys School, Pettah.

8th July 2019 – Launch of Project Ganitham at Pettah Boys' Schools

External Beneficiaries

Classes began in Pettah Boys' School under the supervision of school coordinators. Four volunteers took class and 21 students attended the class.



19th July 2019 - Water Education Mission

Water education mission, an initiative of Project Sthithi was organized at Carmel Girls' Higher Secondary School, Vazhuthakad, Trivandrum. 7 volunteers attended the class.

External Beneficiaries

Volunteers took class on water conservation at NSS School Palkulangara for 50 students. The students collectively agreed to initiate measures to protect waterbodies.





Abmnd



19th July 2019 - DENTAL CAMP BY PMS DENTAL COLLEGE

PMS DENTAL COLLEGE in association with the NSS Unit of All Saints' College organized a dental camp. 59 volunteers attended the camp and a total of 105 people actively took part in it.



Asmund



ASMR





External Beneficiaries

70 students, 20 teaching staff, 15 non-teaching staff and 20 women from Karikakom Village were benefited during the dental camp.

22nd July 2019 - Water Education Mission

Two volunteers (Hima U. S. and Ardra B.) took an awareness class on water conservation as part of Water Education Mission for first year undergraduate students of All Saints' College. The students successfully accepted the Buddy Bottle Challenge. The class was held in the presence of the Program Coordinators; Dr. Kavitha.N and Dr. Ayona Jayadev.

External Beneficiaries

80 Students of the institution as well as 30 students from Government School, Karikakom participated in the awareness session and got benefitted. They promised to keep the water bodies clean and also to spread awareness among the general public.





25th July 2019 - Blood Donation Camp

NSS unit of the college organized a blood donation camp at All Saints' College. 40NSS volunteers took part in the camp and 44 students donated blood. A total of 164 students participated in the camp.



ASMC



44 units of blood was collected from the camp. This was taken to SCTIMST to be given to the needful.

30th July 2019 - Project Ganitham Training on Algebra as part of Project Ganitham, conducted by the team Insight for Innovation was attended by 10 volunteers.



Asmund
16





External Beneficiaries

25 high school students of Government Boys School, Pettah school got benefited through the programme.

1st August 2019 - Valedictory Function of Project Ganitham

External Beneficiaries

Project Ganitham, an initiative of team Insight ended in Government Higher Secondary School Pettah after successfully completing 15 classes and it benefited 25 students.



Asmnd



5th August 2019 - Awareness on Water Conservation

NSS volunteers; Sanjana, Ancy and Nithya took class on water conservation as part of Water Education Mission, an initiative of Project Sthithi at Government Higher Secondary School Neduveli



External Beneficiaries

50 students of Government Higher Secondary School, Neduveli accepted the buddy bottle challenge and took an oath to conserve water sources.



Asmund

Water Education Mission at St.Mary's High School , Vettukad 7th August 2019 - Water Education Mission

External beneficiaries

Jennifer Raj, Beyoola.P.L and Gritty Thomas took an awareness class on water conservation at St.Mary's High School , Vettukad. 25 students attended the class and accepted buddy bottle challenge.



Asmund





Abmnd



8th August 2019 - Water Education Mission

External beneficiaries

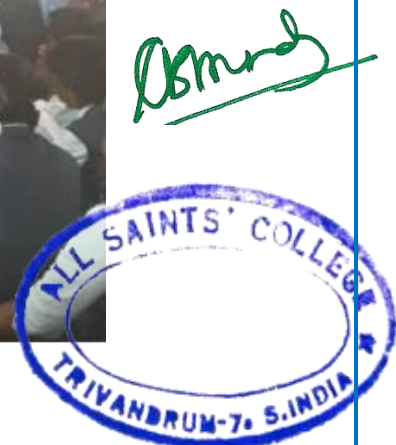
Mridula Mickil, Stephy Ronald and Sivaganga V. S. took an awareness class on water conservation at Angel's High school, Poovar. 50 students attended the session and decided to clean and conserve nearby water bodies.



Water Education Mission at Angel's High school, Poovar



Water Education Mission at Angel's High school, Poovar



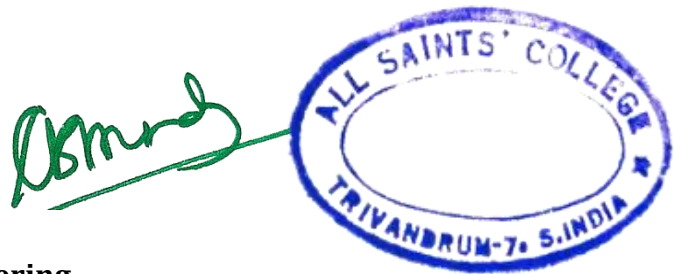
10th August 2019 - Flood Relief Activities

The NSS Volunteers of All Saints' College collected necessary materials for supplying to the collection points set at SMV School.



External Beneficiaries

The society were benefitted at large.



11th August 2019 - Flood Relief Volunteering

In the backdrop of sudden floods in Kerala, various Governmental and non- governmental organizations initiated many collection centres, where relief materials were collected, sorted and transported to the affected areas. NSS volunteers of All Saints' College volunteered and donated relief materials to various collection points. Majority of the volunteers volunteered at the Trivandrum Corporation office and SMV School (under the Thiruvananthapuram District Administration)



Flood Relief Volunteering



Flood Relief Volunteering





15th August, 2019 - Independence Day celebrations

NSS unit of our college celebrated 73rd Independence Day. NSS Volunteers participated. The National Flag was hoisted by the Principal, Dr. Caroline Beena Mendez in the presence of Program coordinators; Dr. Kavitha N. and Dr. Ayona Jayadev as well as other faculties.



Dr. Mendez





External beneficiaries

20 children from Karikakom Village participated in the program and took part in the poster making competition and the posters were distributed to the public.

2nd September 2019 - Coconut Day

NSS Unit of the college observed Coconut Day by displaying collages and handicrafts made from coconut parts.



ASMR

Coconut Day Observation





External beneficiaries

25 students from Government School, Karikakom participated in the exhibition and shared their ideas on the financial potential of coconut handicrafts.

5th September 2019 - Teachers' Day

NSS Unit of the College celebrated Teachers' Day by gifting handmade bouquets. Volunteers prepared flower bouquets devoid of plastics and gifted teachers.



Teachers' Day Celebration

Abhinav





Teachers' Day Celebration

Onam Vacation – SNEHASADYA

Volunteers donated mini Sadya parcels to impoverished people and other helpless people in their localities during the Onam vacation in relation to Onam Celebrations.



SNEHASADYA

External Beneficiaries

64 people were given Snehasadya by the volunteers.

22nd August 2019 - Special Convocation Ceremony by University of Kerala

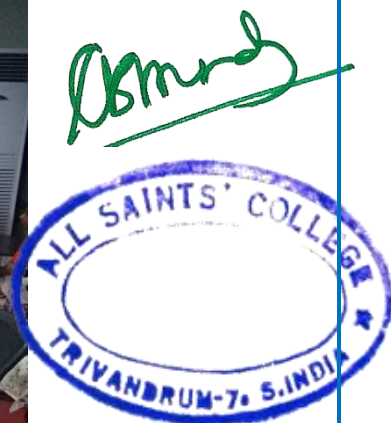
20 Volunteers volunteered in the Special Convocation Ceremony organized by University of Kerala at the Senate Hall, University of Kerala, Palayam.



External beneficiaries

23rd August 2019 - Video Conference on Fit India Campaign

11 Volunteers took part in the video conference by the Central Government on Fit India Campaign.



Video Conference on Fit India Campaign

External beneficiaries

Our volunteers organized a rally to make the public aware of the importance of health and exercise.

16th September 2019 - World Ozone Day

NSS unit of our college displayed posters and collages on behalf of world ozone preservation day.

External beneficiaries

30 students from Government Higher Secondary School, Karikakom, visited the exhibition and organised a quiz on ozone preservation.



ASMR



World Ozone Day



World Ozone Day

18th September 2019 - Collection and Distribution of Food Parcels External Beneficiaries

100 Food parcels were collected and distributed in an old age home named Akashaparavakal. Volunteers actively took part in this venture.



Collection and Distribution of packets



21st September 2019 - Global Climate Strike (Kerala)

40 Volunteers participated in the Global Climate Strike, Kerala held at Kanakakunnu. Volunteers took part in the rally and made the general public aware about climate change. Our unit decided to initiate more activities on spreading awareness about climate change.



Admnd





Climate Strike

24th September 2019 - NSS Day

Cleaning Drives





NSS Day – Campus Cleaning

24th September - NSS Day

Cleaning Drives at Muttathara. The public and 30 neighboring households were made aware of the conservation of immediate surroundings.



Abhinav



NSS Day 2019 – Community Cleaning Drive

28th September 2019- Marathon as part of World Heart Day

External beneficiaries

Volunteers participated in the Mega Mass Run, organised by A. J. Hospital Kazhakuttam and Kazhakuttam Press Club on behalf of World Heart Day Celebrations. Through the mass run, the public were made aware of heart health.



Mega Run: World Heart Day

Asmnd

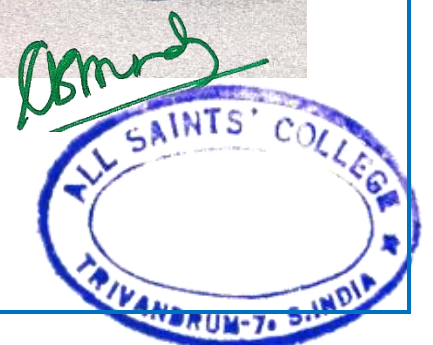




Mega Run: World Heart Day



Mega Run: World Heart Day



30th September 2019 - Lifestyle Awareness Campaign through Magic Show

Magic show by magician Nath, to spread awareness on unhealthy lifestyle was organized in the campus.

External beneficiaries

20 students from St Roch's School attended the session and displayed posters on health and food habits in their campus.



Magic Show on Lifestyle Awareness





Asmund



Magic Show on Lifestyle Awareness 1st October 2019 -

Awareness on Swachch Hi Sewa

An awareness class was given to NSS volunteers by officials from Bharath Petroleum and oath on cleanliness was taken.



Oath on Swachchatha 1st October 2019 - Cleaning

Program at Mathilmukku

External Beneficiaries

A cleaning drive was organised by Bharat Petroleum in association with our NSS unit at Mathilmukku. First year students were also included as part of the selection process. 15 neighboring households and other people in the locality were benefitted as they were able to use the bus stop.





Lecture on Swachh Hi Sewa



Mathilmukku Cleaning



Mathilmukku before Cleaning



Mathil Mukku after Cleaning

1st October 2019 - Inaugural Ceremony of Cleaning Adopted Railway Stations

Volunteers took part in the inaugural ceremony of cleaning adopted railway stations' held at Railway Kalyanamandapam, Thampanoor



Inauguration of Railway Station Cleaning





Inauguration of Railway Station Cleaning

External beneficiaries

Our unit decided to clean the premises of Kochuveli Railway Station.

2nd October 2019 - Gandhi Jayanthi

As part of Gandhi Jayanthi, a cleaning drive was successfully organised in the college campus. It was also considered as an activity for the selection process of the first year students.



Gandhi Jayanthi – Campus Cleaning





Gandhi Jayanthi – Campus Cleaning



Gandhi Jayanthi – Campus Cleaning 2nd October, 2019 - Flash mob at Kochuveli Railway



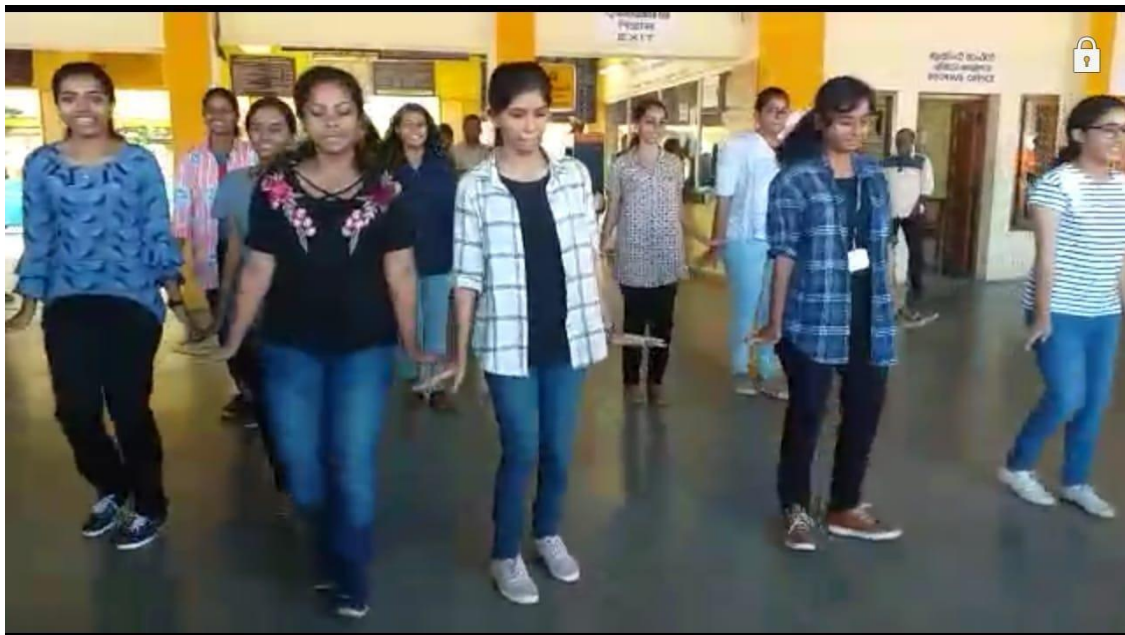
Station

External Beneficiaries

A flash mob was conducted in Kochuveli Railway Station to make the public aware of the need for clean environment

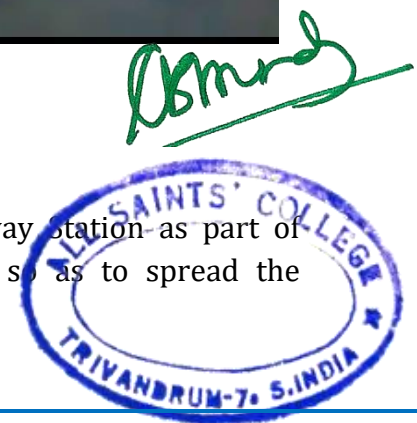


Flash Mob at Kochuveli Railway Station



Flash Mob at Kochuveli 2nd October 2019 - Kochuveli Railway Station Cleaning

Volunteers took part in cleaning the premises of Kochuveli Railway Station as part of adoption of railway stations' program. A flash mob was staged so as to spread the



importance of cleanliness. This program was also considered for the selection procedure of first year students and they too were included



Gandhi Jayanthi – Kochuveli Railway Station Cleaning



Gandhi Jayanthi – Kochuveli Railway Station Cleaning

2nd October 2019 - Project Udyan

Volunteers participated in cleaning a dumpsite at Muttathara as part of Project Udhyanam.



This too was an event in the selection process of first year students.



Gandhi Jayanthi – Project Udyanam



Gandhi Jayanthi – Project Udyanam

External beneficiaries



Volunteers visited 10 neighboring houses and made them aware of the significance of maintaining their immediate environment clean.

5th October 2019 - World Wildlife Week

As part of observing World Wildlife Week, WWF and the NSS unit of Medical College, Trivandrum organised a wildlife photography exhibition as well as interactive sessions. NSS volunteers from our unit participated in the event.

External beneficiaries

Our unit conducted a session on wildlife conservation for 50 students of NSS Palkulangara School. They organised a debate on the issue among the students.





World Wildlife Week



Abmnd



World Wildlife Week

7th October 2019 - Emergency Response Team

External beneficiaries

Volunteers volunteered in the emergency response team at Poojapura as part of the Vijayadashami celebrations for crowd management.

10th to 11th October 2019 - Residential Camp on Palliative Care

One volunteer from our NSS unit participated in the Two day residential camp organized by University of Kerala



RESIDENTIAL CAMP ON PALLIATIVE CARE

External beneficiaries

Our unit coordinated with Pallium India, an NGO and organised programs for palliative care patients and their care takers.

12th October 2019 – Pre-Republic Day selection

Two volunteers from our NSS unit took part in the selection of Pre-Republic Day camp

12th October 2019 - Bird watching

Two volunteers from our NSS unit participated in the bird watching programme organised by the Earth Foundation at Punchakari.

External beneficiaries

Our volunteers organised a session on bird watching and conservation at St Mary's Higher Secondary School, Vettukad. 50 students attended the session and they agreed to organize a bird watching program.

ASMR





BIRD WATCHING

16th October 2019 - World Food Day
External Beneficiaries

Volunteers donated food parcels and clothes, collected from the college to the needy, in the premises of Madre De Deus Church, Vettukaud,



Asmund



WORLD FOOD DAY



WORLD FOOD DAY

8th November 2019 - Project Samrudhi

External beneficiaries

Volunteers actively volunteered in Project Samrudhi, to clean a portion of land for organic farming at Karyavattom. The Karyavattom Campus management took the responsibility of maintaining and nourishing the organic farm.

Samrudhi





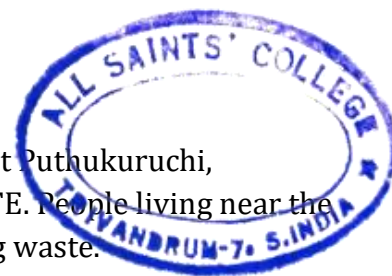
PROJECT SAMRUDHI

14th November 2019 - Nirmal Tat Abhiyan

External beneficiaries

Volunteers took part in the masive beach cleaning programme held at Puthukuruchi, Kadinamkulam in a Central Government Project conducted by KSCSTE. People living near the sea shore(25 households) were made aware of the impact of littering waste.

ASMRUDHI

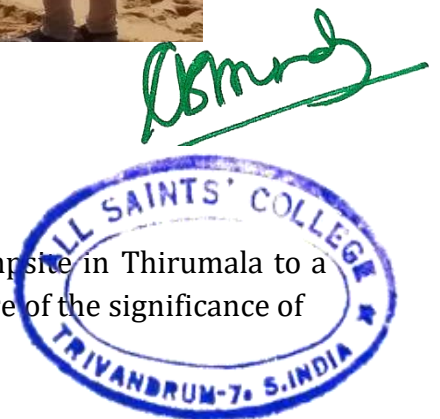




NIRMAL TAT ABHIYAN

14th November 2019 - Project Udhaynam

our volunteers participated in the activity meant to convert a dumpsite in Thirumala to a garden and they also visited 15 nearby houses and made them aware of the significance of cleaning and protecting the immediate surrounding.





PROJECT UDYANAM

14th – 16th November 2019 - Leadership camp

Volunteer Secretary and a Core leader took part in the three-day residential leadership camp organised by Kerala University. Following the camp, our unit-initiated programs that would benefit the needy.



Abmnd



LEADERSHIP CAMP

15th November 2019 - Awareness on lifestyle diseases

An awareness class on various lifestyle diseases was conducted at All Saints' College in association with Kalakoumudi.

External beneficiaries

Our volunteers distributed pamphlets on lifestyle diseases among the public and 50 houses at Karikakom Village.

Asmund





ASMR



18th November, 2019 - Fund Raising Activity

External beneficiaries

For providing financial support for an underprivileged school student for the year 2020-21, each volunteer contributed ten rupees each month.

26th November 2019 - Constitution Day

As part of observing our Constitution Day, two volunteers read out the Preamble of our Constitution as well as the Fundamental duties stated by it.

External beneficiaries

Our volunteers organized a session followed by a quiz on Indian Constitution at St Roch's Convent School and 30 students participated. The students prepared a collage on the topic.



20th November 2019 - NSS Award Presentation Ceremony

15 volunteers participated in the Kerala University NSS award presentation ceremony which was held at Women's College, Vazhuthakad.

Punya A. P of our college was awarded the best NSS volunteer award.





20th November 2019 - Valedictory function of Samudrathma

External beneficiaries

13 NSS volunteers participated in the valedictory function of Samudrathma, an initiative by an NGO C5, to provide awareness on marine pollution. It was held at Shangumugham beach in the presence of Trivandrum Assistant Collector, Anukumari IAS. Our Program Officer, Dr. Kavitha N received an appreciation certificate for our college for maximum participation. The importance of marine environment and its protection was shared to the public via sand sculptures.

Dr. Kavitha N





Samudrathma



Dr. Kavitha N. (NSS PO) receiving certificate

Abmnd



30th November 2019 - Bird Watching Programme and Friday Forum

Our volunteers attended the Friday Forum coordinated by WWF and decided to take part in Bird Race. World Wide Fund organised a bird watching programme named 'Bird Race' and 10 volunteers took part in it.

External beneficiaries

Volunteers distributed posters on the importance of bird conservation to 15 nearby houses and stores.



Bird Watching 1st December 2019 - Bird Watching



Abmnd



Bird Race



Fiday Forum - WWF

3rd December 2019 - AIDS Day Awareness Program

As part of observing World AIDS Day, an awareness class on AIDS was organized in the college.



AIDS Day Awareness



AIDS Day Awareness

Abmnd



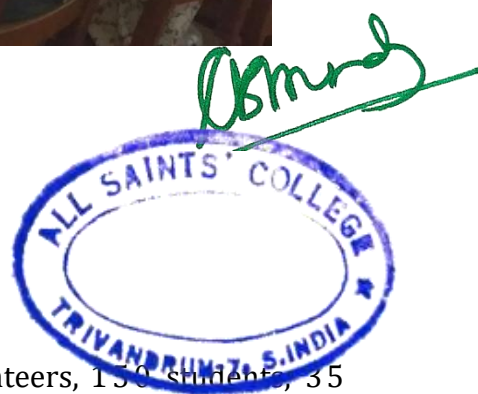


AIDS Day Awareness

3rd December 2019 - Wellness Camp

External beneficiaries

A wellness camp was organized in the college. 74 NSS volunteers, 150 students, 35 faculties and 30 people from Karikakom Village participated.



Wellness camp



Wellness camp

10th December 2019 - Special Convocation ceremony

90 volunteers took part in the special convocation ceremony conducted by the University of Kerala



Special Convocation

13th December 2019 - Class on Green Protocol



A total of 36 NSS volunteers attended a class organised by the WorldWide Fund in association with the Suchitwa Mission held in the Museum Hall. The class had an interactive session on implementing green protocol.

External beneficiaries

Our volunteers displayed posters on following implemented green protocol in the campus and also distributed waste bins to 5 stores at All Saints' Junction.

19th December 2019 - Fund Raising Activity

External beneficiaries

The NSS unit of our college sold hand-made postcards made by the NSS volunteers as a fund raiser program to aid the educational expenses of a student with poor financial background.



Fund Raising Activity





Admnd



Fund Raising Activity

22nd December 2019 - Donation of food packets for the Blind Association

100 food packets were collected from our college and were given to the Blind Association officials.



Food Packets for the Blind



Food Packets for the Blind

22nd December 2019 - Class on Climate Change

Rima Suresh, NSS volunteer took class on the topic, ' Human Dimensions on Climate Change' at Chavadimukk School in association with an NGO, Climatehood for 50 students.

External beneficiaries

Students accepted the 'buddy bottle challenge'.



Rima Suresh





Climate hood class by Ms. Rima Suresh 22nd December 2019 -

Class on Climate Change

Ardra B, an NSS volunteer took class on Climate Change for 50 NSS volunteers of Manacad HSS School and for the NSS volunteers of Vigyan College, Trivandrum in association with Climatehood.

External beneficiaries

The students created drawings on climate action and presented.

Ardra B





Climate hood class by Ms. Ardra B.

Arndra



23rd December 2019 - Class on Climate Change

Gouri V B, an NSS volunteer took class on Climate Change and Green Protocol at MTDMHSS, Maloor in association with Climatehood for 50 students.



Class on Climate Change by Gouri V. B.

23rd December 2019 - Orientation class on NSS External beneficiaries

Parvathy S L, the NSS volunteer Secretary and NSS Volunteer, Devika Nair S took an orientation class on National Service Scheme for 50 NSS volunteers of St. Johns School in association with team 'Insight for Innovation' an NGO.



Orientation class on NSS by Ms. Parvathy S. L. and Devika Nair S

23rd December 2019 - Debate on Social Media

Devika Nair S conducted a debate on the positives and negatives of social media for the NSS volunteers of St. Johns School in association with team 'Insight for Innovation' an NGO

A handwritten signature in green ink, appearing to read 'Devika Nair S'.





Debate on Social Media

23rd December 2019 -Meeting as part of keralolthsavam

Two NSS volunteers, Ardra B and Hima U S attended a meeting prior to Keralolthsavam held at Government Arts College, Trivandrum.



Meeting as part of Keralolthsavam

External beneficiaries

Volunteers volunteered for Keralolthsavam.

24th December 2019 - Class on Climate Change



External Beneficiaries

Parvathy S L, the NSS Volunteer Secretary took class on sustainable menstruation for 50 students of Peroorkada HSS NSS volunteers in association with Climatehood.



Abmnd





Class on Sustainable Menstruation by Parvathy S. L 25th December

2019 - Class on Climate Change

Vani U. K , an NSS volunteer took class on sustainable menstruation at Pattom Girls High school in association with Climatehood for 50 students.





Abmnd

Class on Climate Change by Vani U. K.



**25th December 2019 - Class on Climate Change
External Beneficiaries**

Nekha B U Binu, an NSS volunteer took class on Plastic at Poojapura UP School in association with Climatehood for 50 students.



Class on Climate Change by Nekha B. U. Binu

26th to 29th December, 2019 – Keralolthsavam

External beneficiaries

Two NSS volunteers, Ardra B and Hima U S volunteered in the 4day Keralolthsavam program.



Keralolthsavam

6th January 2020 - Cleaning Drive at Ponmudi

External beneficiaries

Hima U S, NSS volunteer took part in the cleaning drive at Ponmudi organised by team OS. They also distributed posters on the issue among the public and tourists.





ASMR

Cleaning Drive

7th January 2020 - Gardening Program

External beneficiaries

18 NSS volunteers took part in the organic farming program held by team C5 at Government B.Ed College, Karyavattom.





Abmnd



Gardening Program

10th January 2020 - Let Us Dream

40 NSS volunteers took part in the sessions arranged as part of the upcoming 'Let Us Dream' program in the AV Hall of All Saints' College where Fr. Lijo Thomas from Christ University gave volunteers an insight on the upcoming outreach programme.



Let us Dream at All Saints' College



Let us Dream at All Saints' College



11th January 2020 - Let Us Dream

23 NSS volunteers took part in the sessions arranged as part of the upcoming 'Let Us Dream' program which was organized at Christ University Nodal Center at Vazhuthacadu.

External beneficiaries

Our unit later organized a session on suicide prevention for 20 members from Karikakom Village.



Let us Dream at Christ University Nodal Center

12th January 2020 - Meeting of Rapid Response Team

External Beneficiaries

Hima U S, attended a meeting of the Rapid Response Team. She took a session on emergency rapid response for 50 students of our college and 25 students of St Roch's Convent school held at All Saints' College.



Hima U S



Rapid Response Team

15th January 2020 - Capacity Building on Life Skills, Disaster Management and First Aid

20 volunteers attended a class on Capacity Building on Life Skills, Disaster Management and First Aid under the supervision of Dr. Shaji A, NSS program Coordinator, University of Kerala.

External beneficiaries

Volunteers shared posters on First Aid to 50 houses near All Saints' Junction and among the public.



Abhinav





ASmnd

Capacity Building on Life Skills, Disaster Management and First Aid

18th January 2020 - Project Udhyanam



External beneficiaries

20 NSS volunteers took part in Project Udhyanam, an event organized by an NGO, C5 aimed at cleaning and converting dumpsites into gardens. They cleaned a dumpsite near Mangulam Devi Temple, Muttada and created a garden. Volunteers also did a survey on Waste Management in 40 nearby households.



Project Udhyanam



Project Udhyanam

ASMR





Project Udhyanam



Project Udhyanam

18th January 2020 - FIT INDIA Campaign

External beneficiaries

The NSS unit of our college organized a walkathon from Muttada to Plamoodu on 18th January 2020 on behalf of the FIT INDIA Campaign as per the Government order. 85 volunteers participated in the walkathon. The public was made aware of the importance of exercise, fitness and health.

Asmund





Fit India Campaign



Fit India Campaign

ASMC

23rd January 2020 - Lecture on 'Plastic: Tip of an ice berg?'

145 NSS volunteers attended the lecture organized by the Bhoomithra Sena Club of the college.





Lecture on 'Plastic: Tip of an ice berg?'



Lecture on 'Plastic: Tip of an ice berg?'



Abmnd



Lecture on 'Plastic: Tip of an ice berg?' 24th January 2020 -

Lecture on Types of plastics

75 NSS volunteers attended the lecture organized by the Bhoomithra Sena Club of the college



Lecture on Types of plastics

24th January 2020 - Lecture on Brand analysis

75 NSS volunteers attended the lecture organized by the Bhoomithra Sena Club of the college

Asmnd





Lecture on Brand analysis

External beneficiaries

Our unit organized a swap shop at Mathimukku and benefitted 58 people. Volunteers also displayed posters, collages and drawings on climate action and plastic pollution making the public aware of the gravity of climate crisis.

24th January 2020 - Walkathon as part of National Girl Child Day

External beneficiaries

79 volunteers actively participated in the walkathon as part of the 'Save the Girl Child, Educate the Girl Child' campaign. The walkathon started from All Saints' College to Mathilmukku and back conveying the importance of educating the girl child among the public.

Asmund





Walkathon as part of National Girl Child Day

ASMR





Walkathon as part of National Girl Child Day



Walkathon as part of National Girl Child Day

26th January 2020 - Republic Day Celebrations 2020

NSS unit of All Saints' College celebrated the 71st Republic Day of our Nation.

Admnd



Principal, Dr. Deepa M hoisted the National Flag in the presence of the Program Officers, Dr. Ayona Jayadev and Dr. Kavitha N. Volunteers sang patriotic songs and delivered speeches in various languages.

External beneficiaries

Our unit distributed Republic Day messages emphasizing unity in diversity of our country to pedestrians, 12 shops and 20 households near All Saints Junction.



Dr. Deepa M

Republic Day Celebrations 2020





Republic Day Celebrations 2020



Republic Day Celebrations 2020

26th January 2020 - Republic Day Celebrations

External beneficiaries

4 NSS volunteers, volunteered in the Republic Day Celebrations held in the Central Stadium .

Abmnd





Volunteering on Republic Day



Volunteering on Republic Day

Abmnd



30th January 2020 - Programme by Pallium India

External beneficiaries

25 Volunteers took part in the program organized by Pallium India at Veli Youth Hostel, where the volunteers conducted cultural events to entertain the patients as well as their family.



Programme by Pallium India

4th February 2020 - Cancer Awareness Programme by Susrutha Can

166 NSS Volunteers participated in the programme which included two awareness lectures and a Painting Competition. The paintings were exhibited on the day.

External beneficiaries

The paintings were sold as a fundraiser for the treatment of cancer patients.





Cancer Awareness Programme by Susrutha Can



Cancer Awareness Programme by Susrutha Can

Asmudh





Cancer Awareness Programme by Susrutha Can



Painting competition - Cancer Awareness Programme by Susrutha Can





Painting competition - Cancer Awareness Programme by Susrutha Can

12th February, 2020 - KAS Training Programme (Kerala Youth Welfare Board)

Two students (Ardra B and Hima U S) participated the programme which was conducted at Government Women's College, Vazhuthacadu



KAS Training Programme



Ardra

External beneficiaries

Following the training, they volunteered for crowd management during Attukal Pongala.

9th March 2020 - Green Protocol during Attukal Pongala

External beneficiaries

15 Volunteers took part in ensuring green protocol during Attukal Pongala and two volunteers were positioned for crowd management.



10th March 2020 - Observed International Women's Day via Eye Check-up Camp

External beneficiaries

NSS unit in association with Dr Agarwal's Eye Hospital organised an eye check-up camp at All Saints' College as part of observing International Women's Day. 70 students, 38 faculty members and 30 women from Karikakom village and All Saints' Junction benefitted from the camp.





11th March 2020 - Instructions for Students on Novel Corona Virus

The NSS unit of our college and the authorities gave instructions to students appearing for university examinations on safeguarding themselves from the novel Corona Virus



ALL SAINTS' COLLEGE, THIRUVANANTHAPURAM NATIONAL SERVICE SCHEME



Covid 19

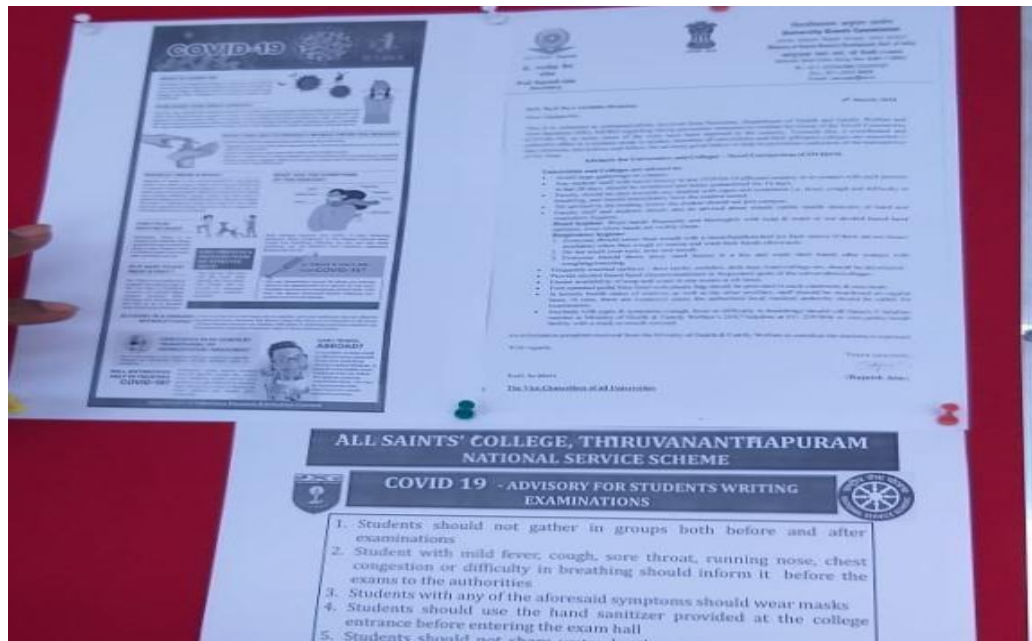
**- ADVISORY FOR STUDENTS WRITING
EXAMINATIONS**



1. Students should not gather in groups both before and after examinations
2. Student with mild fever, cough, sore throat, running nose, chest congestion or difficulty in breathing should inform it before the exams to the authorities
3. Students with any of the aforesaid symptoms should wear masks
4. Students should use the hand sanitizer provided outside the exam hall before entering the hall
5. Students should not share water bottles, pens, erasers, scales or anything with each other.
6. Do not touch your eyes, nose or mouth while writing the exams.
7. Students should invariably cover their mouth and nose with handkerchief while coughing or sneezing
8. Students should leave the campus as soon as the exams are over

Asmnd





External beneficiaries

Awareness posters were displayed at All Saints' College Junction informing the public about the preventive measures to be adopted during a pandemic. Thus, the people in the community were benefitted in this activity.



Abmnd