

2016-17

REPORT OF NSS ACTIVITIES

NSS Units I A and B

All Saints' College, Thiruvananthapuram

NATIONAL SERVICE SCHEME- NSS UNITS 1 AND 2, ALL SAINTS' COLLEGE, THIRUVANANTHAPURAM DURING THE ACADEMIC YEAR 2016-17

The NSS Units in All Saints' College has been an exemplary model of service. We are having 2 NSS Units with 220 volunteers in total. The Programme Officers Ms. Vijaya Kumari K. and Ms. Simna Stephen along with the student volunteers conducted several programmes and activities. We believe in the motto of NSS, "NOT ME BUT YOU". We knew that NSS is for Personality development through community service. NSS Volunteers participated in **National Integration Camp for five days** and performed traditional dance. The NSS units watered plats, cleaned the campus, peer teaching, visiting friends house and understanding the problems of real life and engages themselves in skill development activities and social work at the adopted villages.

NATIONAL LEVEL

- 15 NSS Volunteers of our College attended All Indian National Integration Camp and Mega Cultural Festival from 25th to 31st May 2016, at Jawahar Public School, Edava, Varkala, Trivandrum, Kerala organised by NSS and Nehru Yuva Kendra at Jawahar Public School and Sports and Cultural Centre Edava.

EXTERNAL BENEFICIARIES

After attending the camp, the volunteers spread the information and knowledge they gathered in the aganwadis of Karikkakom ward

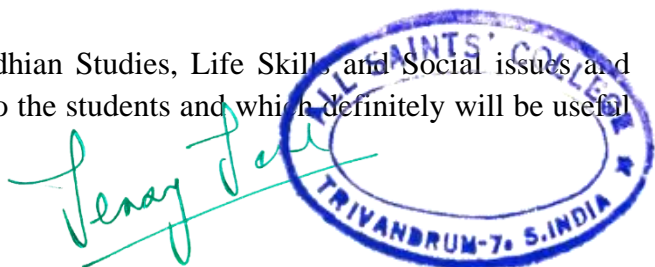
- Our NSS Volunteers attended 10 days National Adventurous Camp at MANALI -Saranya in 2015 and Arundathi Radha C.S in 2017.
- Programme Officer Mrs. Vijaya Kumari.K and NSS Volunter Susanna Vinod of Our College has attended National Youth Festival held at Rohtak, Haryana during 12- 16 January 2017.

EXTERNAL BENEFICIARIES

The volunteers explained the experience of the camp and motivated the students of the St. Roches School, Karikkakom.

2. STATE LEVEL NSS Volunteers actively participated in all the Programmes as per the information given by University of Kerala.

- Seminars on different topics like, Gandhian Studies, Life Skills and Social issues and problems gave an in-depth knowledge to the students and which definitely will be useful for them in facing the realities of life.



The block contains a handwritten signature in green ink and a circular official stamp in blue ink. The stamp reads "ALL SAINTS' COLLEGE" around the top edge and "TRIVANDRUM-7, S. INDIA" around the bottom edge. The signature is written over the stamp.

EXTERNAL BENEFICIARIES

The participants gave trainings to the students of the Pettah school on the life skills and social issues that they came to know in the trainings that they received.

- NSS Volunteers actively participated in Civil Service Training Programmes conducted by Nehru Yuva Kendra at their institute in Kazhakootam. The subjects taught including current affairs, demonetisation, public speaking, Indian Constitution were utilized by the students.

EXTERNAL BENEFICIARIES

The participants took orientation classes to the students of St. Mary's School, Pattom and Government Model Higher Secondary School, Pattom.

- NSS Volunteers were very whole heartedly involved in Digital India Workshop and participated in different competitions like Skit, Quiz and discussions.

EXTERNAL BENEFICIARIES

The skit resulted in generation of awareness in the general public in the All Saints' College junction. The quiz competition and the discussion were participated by the students of the schools near by the institution.

- NSS Volunteers actively participated in Leadership Camps organised by University of Kerala.
- NSS Volunteers attended enthusiastically in all Programmes including Rallies, including AIDS Day, Peace Rally, and Thiranga March, Swachta Mission Programme.

EXTERNAL BENEFICIARIES

The rallied and marches resulted in generation of awareness in the general public in the All Saints' College junction as well as in Palayam. They spread the ideas of peace and hygiene among the general public.

- NSS Volunteers actively participated Awareness programmes on Swach Bharat Programmes, Plastic free society and Cleaning Programmes.

EXTERNAL BENEFICIARIES

The participants They spread the ideas of peace and hygiene among the general public.



- They participated in Swatchta Pakwada held in August and in November. The programmes were conducted as per the information given by University of Kerala and Regional Directorate of NSS.

EXTERNAL BENEFICIARIES

The participants cleaned the dump sites in the various junctions and converted the areas into beautiful gardens.

3. College level Activities under the initiative of Programme Officers

- CONSTRUCTION WORK OF TOILET AND MAINTENANCE OF HOUSES IN ADOPTED VILLAGE

EXTERNAL BENEFICIARIES: Inmates; (economically and socially backward) of houses selected for the construction of Toilet and repairing of House in the adopted village.

- FOOD DISTRIBUTION (POTHICHORU)

EXTERNAL BENEFICIARIES: old age home and needy and homeless people and orphans in the adopted Village premises twice in a week

- VOICE DONATION for the blind students

EXTERNAL BENEFICIARIES: Poor Blind Students (One of the most Special Activity undertaken by our NSS Unit during 2016-2017 was VOICE DONATION for the blind students. The NSS volunteers of our college have started donating their voice to the voice bank. That is donating voice to the blind people by reading materials like newspaper, magazines, books etc is a great service to the poor blind students.)

DIGITAL AWARENESS AND FAMILIARIZATION FOR FISHING COMMUNITY:

EXTERNAL BENEFICIARIES: community in adopted village especially fishing community about the use of online cash transactions and about the use of credit and debit cards.

- Oral Cancer Awareness Survey And Anti-drug

EXTERNAL BENEFICIARIES:

NSS Volunteers and students of adopted village

SOCIAL LITERACY CLASS FOR TRIBAL COMMUNITY AND DISTRIBUTION OF FOOD AND CLOTHES

EXTERNAL BENEFICIARIES: tribal village and poor people near the adopted village premise



- **BOOK DONATION**

EXTERNAL BENEFICIARIES: The Library, readers and students out there in adopted Village.

- Science, latest developments, Spoken English class for students

EXTERNAL BENEFICIARIES: Karikkakom U.P School

- **RALLIES FOR PUBLIC AWARENESS**

EXTERNAL BENEFICIARIES: Public at Junctions and Streets and populated areas of Veli, chakka, palayam, Shangumugham

- **BEACH CLEANING PROGRAM**

EXTERNAL BENEFICIARIES: Local vendors, inmates of Veli and shangumugham, tourists of Veli



- **CLEANING AT KARIKKAKOM**

EXTERNAL BENEFICIARIES: Residents of Karikkakom



Sanjay J

- **CLEANING PROGRAMME AT KARIKKAKOM UP SCHOOL**

EXTERNAL BENEFICIARIES: Karikkakaom U.P School and helping the school to make plastic free.

Awareness class to the fishing community in Shangumugham, Veli and Vetucaud area on waste management.



Jenay Jare



Senay Jari



Penay Jane



NSS Volunteers of our unit actively involved in every activity and programmes of NSS which definitely helped in creating their skills and inner abilities and developing their Personalities and contributed in making them socially responsible persons with all good values and confidence through National Service Scheme with the motto **NOT ME BUT YOU.**



Penney Jane