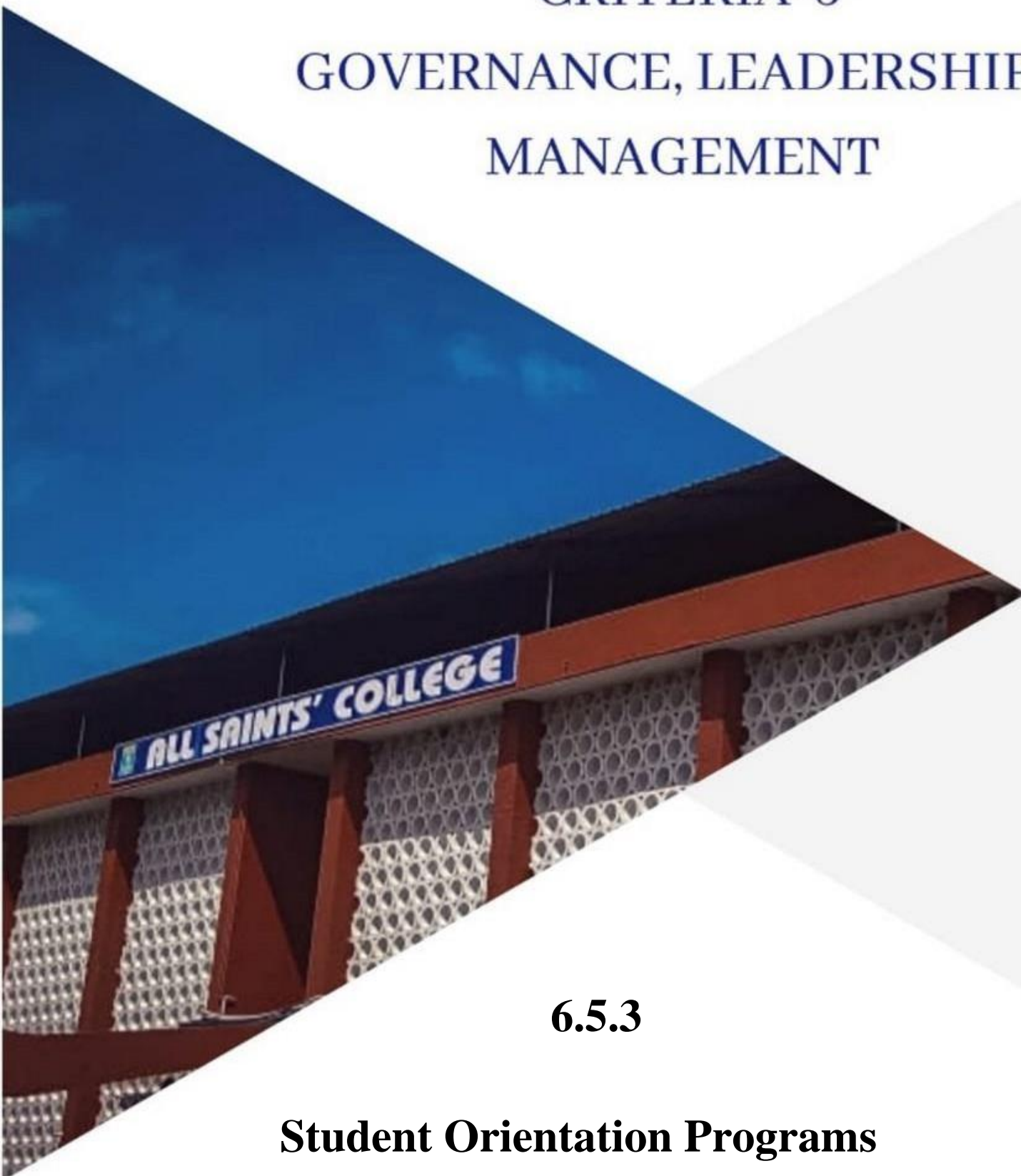


ALL SAINTS' COLLEGE

Affiliated to University of Kerala, Thiruvananthapuram

<https://www.allsaintscollege.ac.in>

CRITERIA-6 GOVERNANCE, LEADERSHIP & MANAGEMENT



6.5.3

Student Orientation Programs

Orientation Program 1

Report of the activities of the Women Cell

All Saints' College, Thiruvananthapuram

2023-24


29 students of the Women cell attended the Seminar on Right to Privacy- Problems in the Cyber World organised by Kerala Women's Commission in association with National Commission for Women on 31 July 2023. The session inaugurated by Ms. Veena George, Hon. Minister for Health, Women and Child development saw experts discussing aspects of cyber security with the participants who were from a number of schools and colleges of the city. The students of the Women Cell of All Saints' College Thiruvananthapuram also contributed in the discussion.


On 08 September, 2023, the Cell organized a one-day seminar on Need for Changes in Labour Law Focusing on Women's Labour in India. The seminar was held in association with the Indian Institute of Public Administration.

Indian Institute of Public Administration
by
Women's Cell
All Saints' College, Thiruvananthapuram

Need for Changes in Labour Law Focusing on Women's Labour in India
(8 September 2023)
10:00 AM
All Saints' College, Thiruvananthapuram

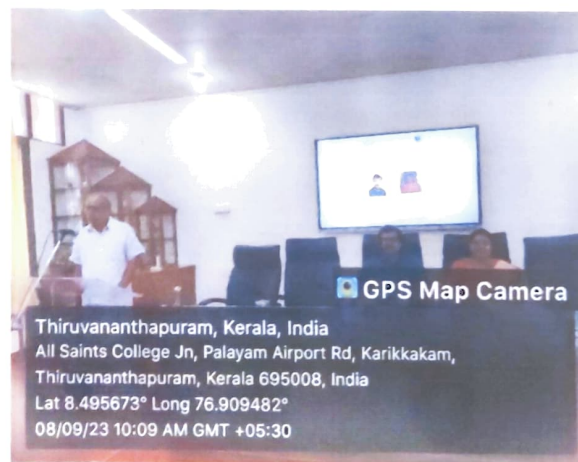
Speakers


Adv. M. Anilprasad


Dr. Jayanthi S. Nair, Asst. Prof. & Head,
Department of PG Studies in Sociology,
Govt. KJ Somaiya & Sastri College,
Kazhikattur, Thiruvananthapuram

Coordinators
Dr. T. Radhakrishnan, Principal, All Saints' College,
Thiruvananthapuram
Dr. Jayanthi S. Nair,
Asst. Prof. & Head, Department of PG Studies in Sociology,
Govt. KJ Somaiya & Sastri College, Kazhikattur, Thiruvananthapuram

Executive Committee
Dr. J. K. Suresh Kumar,
Chairman, All Saints' College,
Thiruvananthapuram
Dr. Jayanthi S. Nair,
Asst. Prof. & Head, Department of PG Studies in Sociology,
Govt. KJ Somaiya & Sastri College, Kazhikattur, Thiruvananthapuram




Sanya J. Nair
Coordinator
women cell
All Saints' College
TVM


Reshmi
PRINCIPAL
All Saint's College
Thiruvananthapuram

Orientation Program 2

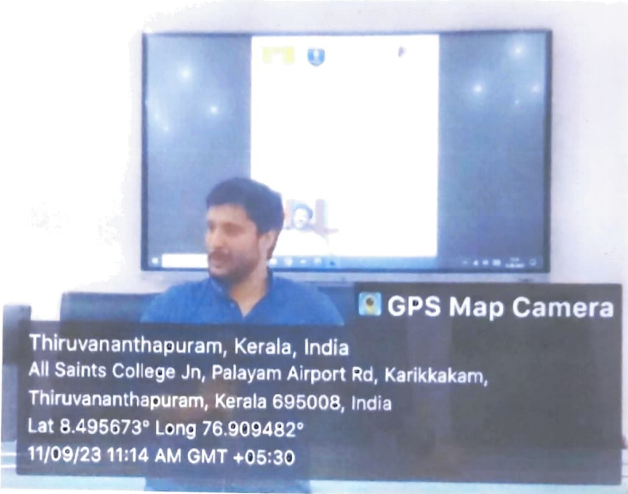
On 11 September 2024, the Cell organised a talk on Bodily Autonomy and the ideas of Consent. The talk was held in association with the NGO Kanal. The session was conducted by Mr. Anson PD Alexander, the director of Kanal. The students found the session extremely helpful and the ensuing discussion empowered the students.



Women Cell
All Saints' College, Thiruvananthapuram
in association with
Kanal
organises
Lets talk Body Autonomy, Consent and Boundaries
11 September, 2023
11 AM - 12:30 PM Audio-Visual Hall
All Saints' College
Resource Person: Mr. Anson PD Alexander,
Director, Kanal



Faculty in charge: Dr. Sangeetha J. Nair
President: Dr. Reshmi R. Prasad
Patron: Mrs. Mother Mary Aubry
Manager: All Saints' College



GPS Map Camera
Thiruvananthapuram, Kerala, India
All Saints College Jn, Palayam Airport Rd, Karikkakam,
Thiruvananthapuram, Kerala 695008, India
Lat 8.495673° Long 76.909482°
11/09/23 11:14 AM GMT +05:30

The students of the Women Cell of All Saints' College took active part in the Keraleeyam celebrations. They performed a Flash Mob for the opening ceremony at Ayyankali Memorial Hall and also put up a show for martial arts and sports. The students also performed a group dance and entertained the audience with a musical performance as part of the closing ceremony. The efforts of the students came in for high praise from the audience and the organisers alike.



Sangeetha J. Nair
Co-ordinator
women cell



Reshmi
PRINCIPAL
All Saint's College
Thiruvananthapuram

Orientation Program 3

On 19 January, the Cell organised a one-day workshop on AR and VR through Digital Storytelling in association with Unique World Robotics. The session helped students narrate stories using AI tools



The cell organised a basic preparation for self-defence by trained professionals on 13 March 2024. All the first-year students of the college attended the same.



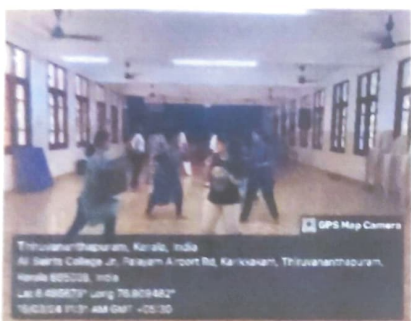
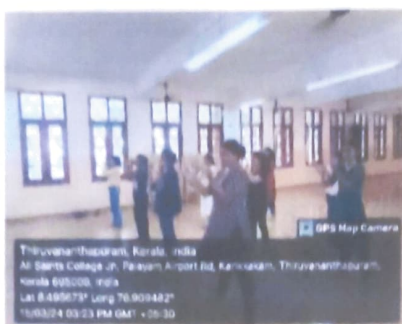
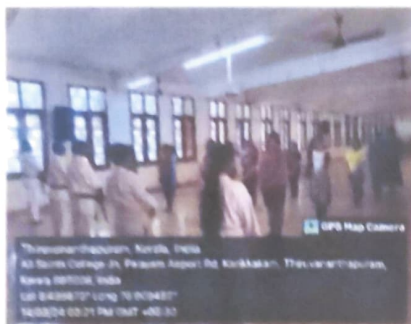
Sony J. Alai
Coordinator
women cell



Reshmi
PRINCIPAL
All Saint's College
Thiruvananthapuram.

Orientation Program 4

This was followed by a three-day training camp from 14-16 March 2024 for self-defence conducted by the Masoyama Kyokushin Karate Academy, Trivandrum. The students were assisted with strength training and self-defence techniques.



The Cell conducted a one-day workshop on Stress management, Concentration Techniques and Mindfulness on 18 March 2024. The session was handled by Ms. Rani Aby, renowned Counsellor and Trainer. The session was well attended and the students gave excellent feedback regarding the session which also highlighted the need for more such sessions.



Reshmi
PRINCIPAL
All Saint's College
Thiruvananthapuram

Sanya J. Nair
Coordinator
Women Cell



Orientation Program 5

On 21 March 2024, a session on Legal Awareness was handled by Dr. Thaji GB, Associate professor, Government Law College, Trivandrum. She spoke about the relevant aspects of the law and how women need to have a good understanding of the laws of the country. She focused on human rights, women's rights to property and on laws to prevent sexual harassment.



On 25 March, 2024, a team of doctors from Credence Hospital, Trivandrum conducted a session on menstrual and reproductive health. The students were made to understand the importance of listening to their bodies, decoding the menstrual process and also the ways to maintain menstrual hygiene. The question and answer session that followed helped the students understand the relevance of hygienic menstrual practices and they further resolved to spread the message further as well.



Reshmi
PRINCIPAL
All Saint's College
Thiruvananthapuram

Sony J. Nair
Coordinator
Women Cell

