



Practice II: Social Outreach Initiative

1. Title of the Practice

Social Outreach Initiative

2. Goal of the Practice

To strive for social upliftment by honing sustainable life skills that will empower women in the coastal belt and bring about a positive change in the community.

3. The Context that required the initiation of the Practice (100-120 words) –

All Saints' College has been working towards the upliftment of the coastal society by empowering the women to constantly challenge the socio-economic hurdles that they encounter. The college takes special care to nurture the dreams of coastal area students who come from socially and economically marginalised households. In addition to an excellent educational framework, the students are also introduced to campaigns and programmes that enhance their vocational skills. Though the college has time and again extended help to the community by means of financial and material measures, it seeks to envisage a higher ideal by empowering students so as to generate invaluable human resource.

Objectives of the Practice (50-60 words)

The main objectives are:

- 1) To reach out to the community by moulding a group of empowered women who will serve to bridge the gap between the marginalised and the mainstream.
- 2) To foster linkages between the college and the community by mobilising available resources.
- 3) To serve as an interface between the coastal community and other sections of the society by initiating vocational enterprises that will induce pragmatic and beneficial changes.

4. The Practice (250-300 words)

All Saints' College has constantly reached out to the coastal community by initiating a series of programmes that aim to boost its social and economic prospects. The

All Saints' College, Thiruvananthapuram



institution constantly reaches out to the larger community by engaging in socially significant ventures that will further the vision and mission envisioned by our founders. Through such endeavours, we seek to address socially relevant issues by mobilising support in terms of material and human resource. Karikkakom village has been adopted by the college and the students and the staff undertook several initiatives like clean drives, greening the community campaigns and waste management programmes.

In order to enhance Sustainable Skills development, the college has established an Entrepreneurship Development Club with assistance from the Government of Kerala. Several workshops and seminars on Jewellery Making, Fabric Painting, Fashion Designing, Virtual and Augmented Reality and Industrial visits were organised to impart special skills to the students that will assist them in forming a sustainable workforce that can, in turn, positively enhance the economic prospects of the larger community. The college has been granted recognition as the member of National Entrepreneurship Development Mission by Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Government of India. The institution has constituted Rural Entrepreneurship Development Cell in the campus. Our college has formed a Team consisting of Student Development Officers for handling 1. Placement and Internship 2. Personality 3. Technology 4. Entrepreneurship and 5. Rural Engagement with the mission of inculcating entrepreneurship among students.

The College is also a Recognized Social Entrepreneurship, Swachhta & Rural Engagement Cell (SES REC) Institution. The Institution has successfully framed the SES REC Action Plan and constituted ten working groups for improving facilities in the Campus and the Community/Adopted Villages in the areas of Sanitation & Hygiene, Waste Management, Water Management, Energy Conservation and Greenery post COVID-19.

5. Obstacles faced if any and strategies adopted to overcome them

Though our outreach programmes are garnering a lot of praise and positive response, we still face a fair amount of reluctance on the part of certain sections of the society who are resistant to the forces of change. We will have to incorporate more inclusive strategies to overcome their prejudices and uncertainties.



6. Impact of the Practice (100-120 words)

The practice has established the college's credentials as an active agent of social change within the coastal community. The various programmes initiated within the ambit of the practice has considerably augmented the employability skills of our students. The college has laid special emphasis on boosting the self-employability skills of our students who are now successfully engaging in small business enterprises of their own. It is really heartening to see how the college is now perceived as a constructive organisation that shaped and polished innumerable dreams.

7. Resources Required

We hope to attract more MNC's and NGO's to come forward to assist us in our dream of moulding the society around us. The lack of infrastructural facilities in the coastal area often becomes a stumbling block in our mission. Therefore, we seek governmental assistance in seeking solutions to the socio-economic factors that curb our plans.



Social Outreach through Education

Earn while you Learn Programme (EYLP): Several students of our college have been selected for this prestigious scheme. The programme aims to develop the skills of employability and self-reliance in students. The programme had been initiated by the alumni of the institution and was co-ordinated by Ms. Anupama Sandeep who also served as the Mentor.

A Short Report on EYLP by KSHEC

Earn While You Learn is an extremely beneficial Scheme in the state. The scheme has been in operation in the Ministry of Tourism, Government of India since 2012, providing part-time employment to an enrolled student in a college or university, enabling her/him earn to pay educational expenses. It is available to undergraduate and graduate students willing to work as trainees in tourism sensitizing enterprises, with aspirations of employment in the sector. An aspirant trainee is estimated to be earning over the tenure of the course duration an amount between Rs. 50,000 and Rs. 1,00,000. AICTE and EWYL All India Council for Technical Education and All India Technical and Management Council (AITMC) had announced the launch of Earn while Learn scheme in 2017. Under the scheme the students could be engaged by the polytechnics for jobs in the following areas: I. Laboratories II. Library III. Office. In the labs/ workshops the students can be engaged for making them responsible for handling the equipment/ machinery, its maintenance and upkeep, storage of equipment and upkeep of 2 Laboratories/ Workshops. Senior students shall be employed for conduct of practical and jobs training in the Workshops. Similarly, the students under this scheme would be engaged for library jobs such as cataloguing, arrangement and display of books, repair of damaged books, issue and return of books etc. Models of EWYL scheme Experiences elsewhere suggest that there are three models: 1. Internships, Cooperative Education, and Apprenticeships. Internships inherently self-supporting need no financial support. 2. Cooperative Education provides financial support but is less flexible. It necessitates changing the time schedule of the colleges/universities for enabling students to earn through part-time jobs. 3. Apprenticeship model usually associated with a labour or union-related job in a specific industry, hence not scalable as a general model though scores high in most evaluation categories, is not as widely feasible as Cooperative education and



Internships. Indeed, it is at the right time, the Government of Kerala has thought about launching the Scheme, which can go a long way as a very significant means to help the students work and support their education on the one side and acquire skills guaranteeing employability on the other. It at once mitigates economic hardships of learning and enhances the adaptable efficiency of the learner. Both will improve the quality of education and make it a purposeful endeavour. Benefits of the Scheme Giving the students an opportunity to acquire work experience while learning is extremely important. There is no doubt that it can provide skills of employability and strengthen students' preparedness to find successful careers. There are many benefits for EWYL Scheme. Most important is mitigation of economically backward students' hardships in education due to income shortage, inculcation of dignity of labour including values of hard work among students, enhancement of skills adding to employability, strengthening of resourcefulness to take up better jobs in the future, development of personal interest and preference in the fields of learning, reduction of the sense of alienation in the students' minds about what they learn, and transformation of higher education into a self-directed, personal, and life-related enterprise, not always curiosity driven though. What earnings the students make can provide motivation for learning and successfully complete their academic programmes. Students draw insight into the world of work, know career prospects, acquire job skills, develop interpersonal relations, and cultivate social skills, enhance employment prospects, increase industrial contacts, improve self-confidence, job knowledge, job-seeking skills, attitudes towards practical reasoning, develop greater maturity, and demonstrate competencies.

The list of students who are part of the EYLP is given below.

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EARN WHILE YOU LEARN

Sl. No	Name	Batch	REMARKS		Monthly
1	Aishwariya	DCIII Maths Passed out	Online Teaching	Retained	8000
2	Sneha Sasikumar	DCIII Maths Passed out	Online Teaching	Retained	2500
3	Diya Santhosh	DCIII Maths Passed out	Online Teaching	Retained	2500
4	Dhiya Beetus	DCIII Maths Passed out	Online Teaching		1000
5	Reshmi R S	DCIII Maths	Online Teaching		2000
6	Shilpa Rajan	Eng Litr.	Online Teaching		1000
7	Varsha Venugopalan	DC III Chemistry	Online Teaching		1000
8	Shilpa	DC III Chemistry	Online Teaching		1000
9	Amala Antony	Communicative Eng	Online Teaching		1000
10	Neha Binu	Communicative Eng	Online Teaching		1000
11	Archa V	DCII Physics	Online Teaching		2000
12	Rizwana	Eng Litr.	Online Teaching		2000
13	Hajira. S	DCIII Maths	Online Teaching		1000
14	Kaveri Dharan	DC III Economics	Online Teaching		1000
15	Nabeela FS	DC III Economics	Online Teaching		1000
16	Ardha S	DC III Economics	Online Teaching		1000
17	Gowri Nair AS	DC II Physics	Online Teaching		2000
18	Riaina xavier	Bcom	Online Teaching	Retained	5000
19	Geethu Syam	DC II Physics	Online Teaching		1000
20	Anchana Biju Viji	Dc III Maths Passed out	Online Teaching	Retained	5000
21	Anjali	Bcom	Online Teaching		2000
22	Ayana Antony	DC III Chemistry	Passed out		2000
23	Gowri Mahesh	Communicative Eng	Content Writing		2000
24	Sandra S	Communicative Eng	Content Writing		5000
25	Jeneifer Fernandaz	Dc III Maths Passed out	Online Teaching	Retained	5000
26	Sneha B Rony	Dc III Maths Passed out	Online Teaching	Retained	4000
27	Aiswariya KS	Dc III Physics Passed out	Online Teaching	Retained	6000
28	Jomol	DC III MATHS	Online Teaching	Retained	5000
29	Anisha Joney	DC III MATHS	Online Teaching	Retained	5000

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30	Krishna	DC II COMMUNICATIVE ENG	Online Teaching	Retained	2000
31	Stegi	DC II COMMUNICATIVE ENG	Online Teaching	Retained	2500
32	Jeneta	DC II COMMUNICATIVE ENG	Online Teaching	Retained	2500
33	Vishika	BCOM PASSED OUT	Online Teaching	Retained	6000
34	Divya	ENGLISH LITERATURE PASSED OUT	Online Teaching	Retained	5000
35	Varsha	ENGLISH LITERATURE PASSED OUT	Online Teaching	Retained	5000
36	Anugraha	ENGLISH LITERATURE PASSED OUT	Online Teaching	Retained	5000
37	Akhila	ENGLISH LITERATURE PASSED OUT	Online Teaching	Retained	5000
38	Devika Mohan	DC III Chemistry	Online Teaching	Retained	2500
39	Suhana	DC III Chemistry	Online Teaching	Retained	4000
40	Fathima	DC III Chemistry	Online Teaching	Retained	1000
41	Alfina	DC III Chemistry	Online Teaching	Retained	2000
42	Sangeetha	DC III Chemistry	Online Teaching	Retained	4000
43	Preethi b	DC III MATHS	Online Teaching	Retained	7000

Online Employability Skill Training Programme by Naandi Foundation: Even during the covid times, the institution gave special emphasis on honing the employability skills of our students.

All Saints' College, Thiruvananthapuram



To,
The Principal
All Saints College, Chackai
Tvm, Kerala-07

Subject- Online Employability Skill Training Programme conducted from 08/11/2021 to 18/11/2021 for 36 hours.

Greetings from Mahindra Pride Classroom-Naandi Foundation!!!

Mahindra Pride Classroom expresses its deepest sense of gratitude for being part of the Online training project with your esteemed institution. This wouldn't have been possible without your support, and we wouldn't be doing any justice to you all by just expressing our gratitude in mere words.

Nevertheless, the online training program that we conducted for your esteemed institution for the students in Employability Skills received huge acceptance. The students, while interacting with the trainers at the end of all sessions shared that they could sense a positive impact in their lives and also, they found the training sessions were enlightening. It was a noble experience to see such a crowd of a young aspiring crowd of students.

The coordination that the college has arranged for the program was well deployed. Special Thanks to the College Principal and the institution staff for giving us immense support throughout the Online programme. We thank Training and the management for allowing us to conduct the training program this year as well. Kindly accept our appreciation for your support. Thank you so much for the kind gesture shown to our team.

Once again, Team MPC would like to convey our sincere gratitude to you and your exceptional college fraternity for the unconditional support shown to us.

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Sl No	Candidate Name	Course	Stream	Attendance %
1	RESHMA SR	BSC	BOTANY	70%
2	ASWINI SANEL	BSC	BOTANY	60%
3	ATHIRA.R.S	BSC	BOTANY	50%
4	APARNA MURUKESHAN	BSC	BOTANY	100%
5	RAKHI S	BSC	BOTANY	100%
6	RAHNA L.S.	BSC	BOTANY	100%
7	RAJESWARL S	BSC	BOTANY	100%
8	KABESIMA J	BSC	BOTANY	100%
9	ANJANA GA	BSC	BOTANY	40%
10	LEKSHMI MB	BSC	BOTANY	100%
11	GOPIKA GOPAN	BSC	BOTANY	100%
12	HABANA BAI	BSC	BOTANY	50%
13	SHAHANA FATHIMA N A	BSC	BOTANY	100%
14	SOORYA P S	BSC	BOTANY	100%
15	MANEESHA NATH N M	BSC	BOTANY	100%
16	FERA RIJU	BSC	BOTANY	100%
17	ADITHYA A.S	BSC	BOTANY	80%
18	SANDRA S B	BSC	BOTANY	100%
19	ANAGHA J S	BSC	BOTANY	100%
20	RESHMA S G	BSC	BOTANY	100%
21	SREELEKSHMI JS	BSC	BOTANY	100%
22	REMYA L B	BSC	BOTANY	100%
23	SHAJINI PS	BSC	BOTANY	100%
24	ANANTHASANKARI J.S	BSC	BOTANY	100%
25	FAKHA MAHEEN N	BSC	BOTANY	40%
26	VANDANA VISWANADHAN	BSC	BOTANY	60%
27	ANAGHA A L	BSC	BOTANY	50%
28	SIVAGANGA R K	BSC	BOTANY	100%
29	SUHANA REHUMAN	BSC	BOTANY	100%
30	ANNIE 53RSETITVM@MPC.COMJOSE	BSC	BOTANY	40%
31	SANDRA S	BSC	BOTANY	100%
32	JINCY JACOB M	BSC	BOTANY	100%
33	SARANYA D S	BSC	BOTANY	100%
34	SREELEKSHMI S	BSC	BOTANY	100%
35	S LAKSHAYA	BSC	BOTANY	100%
36	LAYA S VISESH	MSC	BOTANY	80%
37	NANDINI S I	BSC	BOTANY	40%
38	MAYODRI SR	BSC	BOTANY	80%

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39	SREELEKSHMY A V	B COM	FINANCE	50%
40	BHADRA R	B COM	COMMERCE	70%
41	NEHA PEREIRA	B COM	COMMERCE	60%
42	AMRITA YADAV	B COM	COMMERCE	50%
43	PRINCY J J	B COM	COMMERCE	80%
44	SNEHA.A	B COM	FINANCE	80%
45	ARDRA S	B COM	COMMERCE	50%
46	DEVIKA.D	B COM	FINANCE	70%
47	SUJITHA T	B COM	FINANCE	60%
48	DEVIKA A.R	B COM	COMMERCE	50%
49	JYOTHISHA S J	B COM	COMMERCE	100%
50	SERA V LIZA	BA	ENGLISH LITERATURE	100%
51	NIKETHA S SURESH	BA	ENGLISH LITERATURE	100%
52	NEERAJA A G	BA	COMMUNICATIVE ENGLISH	100%
53	SABIHA SUMAR AHAMED.K	BA	COMMUNICATIVE ENGLISH	100%
54	RENJIMA B VISWAN	BA	COMMUNICATIVE ENGLISH	40%
55	SHRADHA VIJAY	B COM	COMMERCE	100%
56	ELSA SABU	BA	COMMUNICATIVE ENGLISH	100%
57	NIRANJANA.S.P	BA	COMMUNICATIVE ENGLISH	50%
58	RIMA SURESH	BA	ENGLISH LITERATURE	100%
59	NITHYAPRIYA M.	BA	COMMUNICATIVE ENGLISH	100%
60	KAVYA VH	B COM	COMMERCE	100%
61	ASHNA MIRIAM GEORGE	B COM	COMMERCE	100%
62	VANI U.K	BA	ENGLISH LITERATURE	80%

Regards

Abhinenj Mohan

Project Coordinator

Naandi Foundation- Kerala

All Saints' College, Thiruvananthapuram



Entrepreneurship Development Club: The ED Club regularly organises programmes for furthering the entrepreneurial skills of students.

Proceedings of the General Manager, District Industries Centre,
Thiruvananthapuram
(Present : R. Ramesh Chandran) Date : 3/1/2018
No.R/4396/17

Sub:- Inds - Entrepreneurship Development Club Registration for the year
2017 - Orders issued.

Read:- 1) Circular No.TC/T2/15442/07 dtd 26/7/2007 of the Director of
Industries and Commerce, Thiruvananthapuram.
2) Circular No.TC/T3/25426/14 dtd 2/2/15 of the Director of
Industries and Commerce, Thiruvananthapuram.

The Department of Industries and Commerce, Government of Kerala
formulated a scheme to set up Entrepreneurship Development Club in schools and
colleges of the State to inculcate entrepreneurship culture amongst youth and equip
them with the skills, techniques and confidence to be torch bearers of enterprises for
the new generation. As per the circular read 2nd above it was given power for
registering ED clubs to respective General Managers in District Industries Centres and
guidelines for the implementation of the scheme have been issued for the functions and
Registrations.

All Saints College, Thiruvananthapuram and Vidya Academy of Science &
Technology, Kilimanoor have submitted application for registration of ED Club in the
institution. On scrutinizing the application it is found that the documents submitted by
them are in order as per the guidelines issued vide paper read 2nd above. Hence
registration has to be given to the institution mentioned above.

ORDER

In the above circumstances, the Entrepreneurship Development Club of All
Saints College, Thiruvananthapuram and Vidya Academy of Science & Technology,
Kilimanoor are hereby registered with Department of Industries and Commerce with
Registration Number noted against it.

Sl.No.	Name of Institution	Registration No.
1	✓ All Saints College, Thiruvananthapuram	EDC /TVM/43/17
2	Vidya Academy of Science & Technology, Kilimanoor	EDC /TVM/44/17

Sd/-
General Manager

To

1. The Principal,
All Saints College, Thiruvananthapuram
2. The Principal,
Vidya Academy of Science & Technology, Kilimanoor

Copy to:

- 1 Assistant District Industries Officer, TIO,Chirayinkeezhu/ Thiruvananthapuram
- 2 Stock file/Spare.
- 3 Copy to File No. R/8141/17, R/8131/17

Forwarded/By order

Manager (D)



IEDC (Innovation and Entrepreneurship Development Centre)

As part of Youth Entrepreneurship, Kerala Start up Mission sanctioned the establishment of IEDC in All Saints' College, Trivandrum on 16/09/2020. Order No. KSUM/613/2020. IEDC Centre is a venture to promote Innovation and Entrepreneurial culture in Educational institutions and also to develop Institutional mechanisms to foster Techno-entrepreneurs.

A workshop was organised on 17.10.2020 by the IEDC, All Saints' College in association with Climatehood Foundation, on the topic 'Waste management, Sustainable Constructions and Ecofriendly substitutes'. The resource person was Mr. Midhun Lal, MD & Founder of G-route Sustainable Solutions.

An online session on "Block Chain" was organised by IEDC in association with Liveware, Trivandrum on 21/01/2021 at 2.00pm. Webinar Platform: Google Meet. Resource Person: Mrs. Sini Krishna, Senior Engineer, Liveware, Trivandrum.

Meeting Link: <https://meet.google.com/grf-ykq-krf>.

A one day National Workshop on "BROCHURE MAKING - THE NEED OF THE ERA" was organised.

Webinar Link : <https://meet.google.com/uxk-gffe-ofc> . Number of students participated : 62

A National Training programme on "Entrepreneurial opportunities for BIOFLOC Technology - An emerging tool for sustainable fish farming" was organised on 18th March 2021 from 10.30 am to 3.00 pm. Resource Person - Mr. Alan Antony and team, Chairman & Director, Marine Impero Pvt. Ltd.

Conducted a Webinar on the topic "Role of entrepreneurship in Financial Independence" on 19.03.2021 on Google Meet Platform using the link - <https://meet.google.com/hnv-zqps-uxx> from 6.00 - 7.00 pm. The resource person for the webinar was Ms Nesty Jose, Business Skill Senior Faculty, Tata Consultancy Services and a former Ascaite. There were 52 participants and the interactive session was very lively and fruitful as the resource person drew upon her personal experience in the field to guide the students and clear their doubts.

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Rural Entrepreneurship Development Cell (REDC): All Saints' College, Trivandrum has been granted recognition as the member of National Entrepreneurship Development Mission by Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Government of India. The institution has constituted Rural Entrepreneurship Development Cell in the campus. Our college has formed a Team consisting of Student Development Officers for handling 1. Placement and Internship 2. Personality 3. Technology 4. Entrepreneurship and 5. Rural Engagement with the mission of inculcating entrepreneurship among students.

Social Entrepreneurship, Swachhta & Rural Engagement Cell: All Saints' College, Trivandrum is now a Recognized Social Entrepreneurship, Swachhta & Rural Engagement Cell (SES REC) Institution. The Institution has successfully framed the SES REC Action Plan and constituted ten working groups for improving facilities in the Campus and the Community/Adopted Villages in the areas of Sanitation & Hygiene, Waste Management, Water Management, Energy Conservation and Greenery post COVID-19, along with the observation of three environment, entrepreneurship and community engagement related days to inculcate in faculty, students and community, the practices of Mentoring, Social Responsibility, Swachhta and Care for Environment and Resources. Three students from our college have submitted business proposals (Malavika S. -Biodegradable Garden Pots), (Gayathri Nair, MSc Environmental Science – Mobile Restaurant In College) . (Hajira S - Combining skills for successful events) and participated in the cluster level competition organized by MGNCRE, Ministry of Education, Government of India.



SES REC, MGNCRE

All Saints' College, Trivandrum Kerala

BEAT COVID CAMPAIGN (11/6/2021 to 30/6/2021)

1. All Saints' College, under SES REC, MGNCRE, organized an awareness webinar on "Herbals as Immunity Boosters - A Household Approach" on 18th June 2021 at 5 pm. Resource person:- Dr. Mathew Dan, Senior Scientist and Head, Plant Genetic Resource Division, Jawaharlal Nehru Tropical Botanic Garden and Research Institute, Palode, Trivandrum.

SOCIAL, ENTREPRENEURSHIP, SWATCHHTA AND RURAL ENGAGEMENT CELL (SES REC)
ALL SAINTS' COLLEGE
TRIVANDRUM

Organizing an Awareness Program on

**HERBALS AS IMMUNITY BOOSTERS-
A HOUSEHOLD APPROACH**

ഔഷധികളും അോഗപ്രതിരോധവും-
ഗാർഹിക പശ്ചാത്തലത്തിൽ

Speaker

Dr Mathew Dan
Senior Scientist and Head
Plant Genetic Resource Division
Jawaharlal Nehru Tropical Botanic Garden and Research Institute
Palode, Trivandrum

Platform - Google Meet & YouTube
Join us on 18-06-21, 5pm-6pm

Patron
Rev. Mother Mary Frances

Director
Sr. Balinda Pereira

Principal
Dr. Roshni R. Prasad

Nodal Officer
Lissy Bonnet

Faculty Coordinators
Dr. Cynthia Christopher
Ms. Nisha Priya Elias

Organizing Committee
S. Anshya
Aruna Sankar
Rafina I. S.
Anupriya Vargan
Gauri Mahesh
Ansha P.
Smitha S. Nair
Jyothika A. S.
Niranjana S. P.
Dorin S. Zahir

All Saints' College, Thiruvananthapuram



2. A webinar was organised on 'Cancer Prevention, COVID 19 and Healthy Lifestyles' on 16th June 2021 for sharing awareness. The webinar benefitted 100 participants. Resource person:- Ms. Sumuki Beegam,





3. The following posters was designed by the team members and circulated through various social media platforms.



1. Gowri Mahesh of DC III Communicative English prepared a two and half minute long video on the importance of wearing masks and how it has become vital to use a double mask when we go out. The video also gives a demonstration on how the mask should be worn.

2. Arsha P. of DC III Communicative English prepared an Eight and half minute long video on the importance of 'Covid Vaccination'. The video gives a clear coverage on the importance of Covid vaccination.

YouTube Link: <https://youtu.be/Asd3scpes3c>

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6. Niranjana S.P of DC III Communicative English prepared a video on the importance of 'Importance of Hand Sanitizing'. The video gives a clear coverage on the importance of cleaning the hands by washing and by using sanitizers to avoid the infestation by virus. The video is also uploaded in the official YouTube channel of All Saints' College.

YouTube Link: <https://youtu.be/W0hy-YPx8lQ>

7. Rahna I.S of DC III Botany prepared a video on 'Breathing Exercises for Healthy Lungs'. The video explains the various breathing exercises to be practiced for keeping our lungs healthy. This video and its content have much significance in this period of Covid-19 pandemic and it will be of much useful for the people we share with. The video is also uploaded in the official YouTube channel of All Saints' College.

YouTube Link: <https://youtu.be/sMLvhTggWFI>

8. An 'Intercollegiate Cartoon Drawing Competition' was held on the Topic 'Covid Awareness' on 26 June 2021.



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9. As part of International Yoga Day on 21st March, a Yoga awareness programme is organised on 21st June 2021 at 2-3pm. Speaker :- Dr. Rekha Bhardwaj, Director of Physical Education, Govt College, Sri Karanpur, Rajasthan. Google Meet Link: <https://meet.google.com/czm-zwsm-zws>

YouTube Link: <https://youtu.be/-q9QinzR8ls>

SOCIAL ENTREPRENEURSHIP, SWATCHITA AND RURAL ENGAGEMENT CELL (SEEC) & DEPARTMENT OF PHYSICAL EDUCATION

ALL SAINTS' COLLEGE
THIRUVANANTHAPURAM

Under the Auspices of
MAHATMA GANDHI COUNCIL OF RURAL EDUCATION, MHED, GOVT. OF INDIA

YOGA & WELLNESS

SPEAKER
DR REKHA BHARDWAJ
DIRECTOR OF PHYSICAL EDUCATION,
GOVT COLLEGE SRI KARANPUR, RAJASTHAN

Patron
Rev. Mother Mary Frances
Director
Sr Belinda Pereira
Principal
Dr Reshmi R. Prasad

Committee Members
Geetha Mahesh, Archana P.,
Aarini Samil, Suresh S. Sath,
Radha L.S., Jyothika A.N.,
Anupriya Vijayan Menon, S.P.,
S. Akshaya, Dazrin S. Zahar

Nodal Officer
Dr Lissy Bennet

Faculty Coordinators
Dr Cuthya Christopher,
Ms Nishal Prem Elias,
Dr Margrette Leena V. S.,
Dr Divya S. R.,
Dr Veena Suresh Babu

Event Details:
21/06/21
2 PM - 3 PM

All Saints' College, Thiruvananthapuram



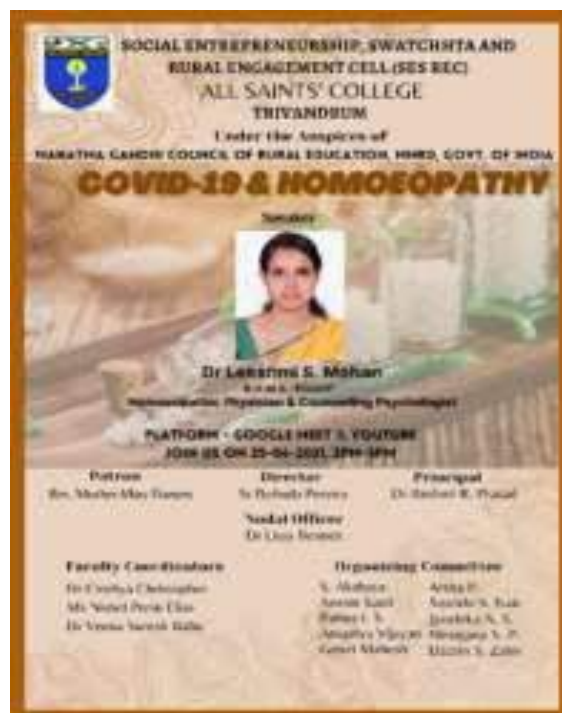
10. A webinar was organised on the topic “COVID-19 AND HOMOEOPATHY”.

Resource person: Dr.Lekshmi S. Mohan, B.H.M.S., PGDCP, Homoeopathic Physician and Counselling Psychologist, a practitioner in Homoeopathy.

Date & Time, Friday, June 25 • 2:00 – 3:00pm, Platform: Google Meet, Link :

<https://meet.google.com/ixn-hrcj-iwh>

Youtube link: <https://youtu.be/Gt3-VNM2Q3I>



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11. A webinar was conducted on 'Counselling young adults during Covid pandemic' on 29th June 2021 through Google Meet. Resource Person: Dr. M.K.C. Nair, Former Vice Chancellor & Professor Emeritus Research, KUHS & Director, NIMS-Spectrum-CDRC, NIMS Medicity.



Social Entrepreneurship, Swachhita & Rural Engagement Cell (SES REC)
All Saints' College, Thiruvananthapuram
Under the Auspices of
Mahatma Gandhi Council of Rural Education,
MHRD, Govt. of India

COUNSELLING YOUNG ADULTS DURING COVID PANDEMIC



Resource Person
PROF. (DR.) M.K.C. NAIR
Emeritus Professor Research & Formerly Vice Chancellor,
Kerala University of Health Sciences (KUHS),
Founder Director, (CDC), Medical College, Thiruvananthapuram,
Director-NIMS-SPECTRUM
Child Development Research Center (CDRC),
NIMS Medicity, Thiruvananthapuram

Webinar Platform:
Google Meet



 **29th June 2021**
 **3:00 PM to 5:00 PM**

Patron : Rev. Mother Mary Frances	Student Coordinators
Director : Sr. Belinda Pereira	Aarvani M Gireesh
Principal: Dr. Reshmi R. Prasad	Reethy Joy
Faculty Coordinators	Krishnaveni
Dr. Lissy Bennet (Nodal Officer)	Malavika S.
Dr. Beena Kumari K.S.	Devika Mohanan S.
	Aaliya N.
	Meenu Sundar
	Sarangal Sanal
	Abia Sam
	Sandra Dixon
	Bhagya Willy Brod



Student Entrepreneurs of All Saints': The Student entrepreneurs of All Saints' have made the institution proud by creating their own unique brands in today's competitive world.

- 1) Hajira S. - S6 Mathematics
- 2) Ishita Kamal – B.Com TTM
- 3) Anjali S. – Chemistry
- 4) Sainora Joseph – S2 B.Com Finance
- 5) Noorjahan – B.Com TTM





